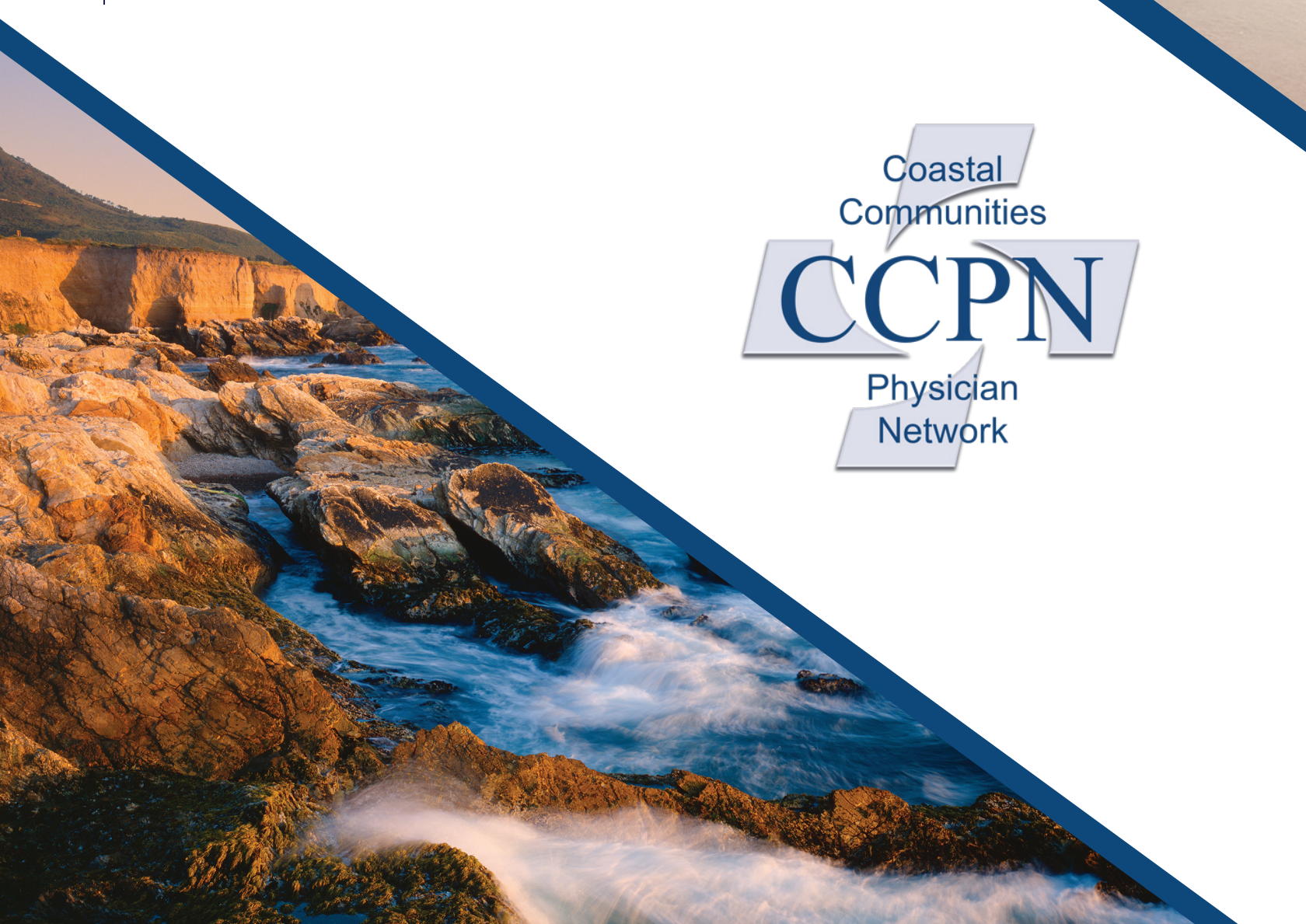




CCPN
Provider Directory

At CCPN we encourage everyone
to live life well.



Coastal Communities Physician Network Locations



San Luis Obispo

35 Casa Street, Ste. 170,
San Luis Obispo, CA 93401
(805) 540-5035
M-F 8 a.m. - 5 p.m.

Templeton North County

325 Posada Lane,
Templeton, CA 93465
(805) 239-0644
M-F 8 a.m. - 5 p.m.

Arroyo Grande South County

366 S. Halcyon Road, Ste. 110
Arroyo Grande, CA 93420
(805) 556-6011
M-F 8 a.m. - 5 p.m.



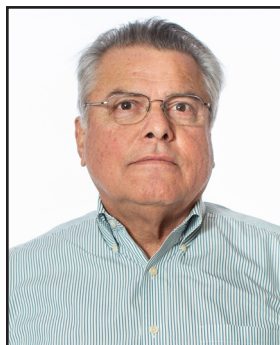
CCN San Luis Obispo
35 Casa Street, San Luis Obispo, CA

Meet Our Providers CCPN Staff Physicians

Staff Model Physicians



Allen Avedian, MD (m)
Internal Medicine
Templeton - North County
325 Posada Lane,
Templeton, CA 93465
(805) 239-0644



Michael Silvas, MD (m)
Family Practice
Templeton - North County
325 Posada Lane,
Templeton, CA 93465
(805) 239-0644
LS: Spanish



Mary Brown, MD (f)
Family Practice
San Luis Obispo
35 Casa Street, Ste. 170,
San Luis Obispo, CA 93401
(805) 540-5035



Ardeshir Talieh, MD (m)
Internal Medicine /
Priority Care
San Luis Obispo
35 Casa Street, Ste. 170,
San Luis Obispo, CA 93401
(805) 540-5035

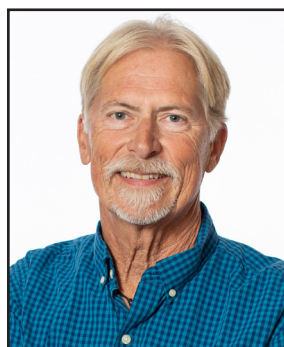


Robert Schingler, MD (m)
Internal Medicine
San Luis Obispo
35 Casa Street, Ste. 170,
San Luis Obispo, CA 93401
(805) 540-5035

Arroyo Grande - South County
366 S. Halcyon Road, Ste. 110
Arroyo Grande, CA 93420
(805) 556-6011

LS: Farsi

Staff Model Mid-Level Providers



Raymond Purcell, NP (m)
San Luis Obispo
35 Casa Street, Ste. 170,
San Luis Obispo, CA 93401
(805) 540-5035

Meet Our Providers - Coastal Communities Physician Network

Family Practice

Andrea Angelucci, DO (f)

Primary Care Partners - SLO
84 Santa Rosa Street, Ste A
San Luis Obispo, CA 93405
805-591-4727

Suzanne Bakke, PA-C (f)

Soquel Schafer, PA-C (f)

Heather Willis, PA-C (f)

Joseph Bettencourt, MD (m)

2120 Golden Hill Road, Ste 202
Paso Robles, CA 93446
805-434-2240

Jill Machado, NP (f)

John Davis, MD (m) *

Las Tablas Medical Group
2120 Golden Hill Road, Ste 102
Paso Robles, CA 93446
805-434-2900

Anthony Graves, NP (m)

Faith Frankel, MD (f)

1050 Las Tablas Road, Ste 17
Templeton, CA 93465
805-434-5201

Warren Frankel, MD (m)

1050 Las Tablas Road, Ste 15
Templeton, CA 93465
805-434-3390

Scott Greaves, MD (m)

Las Tablas Medical Group
2120 Golden Hill Road, Suite 102
Paso Robles, CA 93446
805-434-2900

Anthony Graves, NP (m)

Rina Kadakia, MD (f)

Family & Industrial Medical Center
47 Santa Rosa Street
San Luis Obispo, CA 93405
805-542-9596

Leanne Ford, PA-C (f)

David Gingrich, PA-C (m)

Daniel Hestehauge, PA-C (m)

Jonathan Lepp, PA-C (m)

Gary Raymond, NP (m)

Michael Lebens, MD (m)

265 Posada Lane, Ste D
Templeton, CA 93465
805-434-0770

LS: Spanish

Linda Vasquez, PA-C (f)

Karen Roberts, MD (f)

All For Health, Health For All, Inc.
5855 Capistrano Ave, Ste D
Atascadero, CA 93422
805-466-5600

LS: Spanish

Marya Bolyanatz, NP (f)

Bethany Fisher, NP (f)

Randall Silver, DO (m)

First California Physician Partners
Central Coast Family Health, SLO
892 Aero Vista Place, Ste 130
San Luis Obispo, CA 93401
805-785-0356

Brittany Bell, PA-C (f)

Maryam Tabrizi (f)

First Choice Physician Partners
1154 E. Grand Avenue,
Arroyo Grande, CA 93420
805-489-2205

Valerie Reilly, PA-C (f)

Mark Ward, MD (m)

Family & Industrial Medical Center
47 Santa Rosa Street
San Luis Obispo, CA 93405
805-542-9596

Leanna Ford, PA-C (f)

David Gingrich, PA-C (m)

Daniel Hestehauge, PA-C (m)

Jonathan Lepp, PA-C (m)

Gary Raymond, NP (m)

Wendy Weiss, DO (f)

Pismo Family Practice
575 Price Street, Ste 101
Pismo Beach, CA 93449
805-773-0707

Kimen Colgan, PA-C (f)

Suzan Williams, NP (f)

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English
Highlighted in Blue:
CCPN Exclusive Provider
Updated Sep 2021

Meet Our Providers - Coastal Communities Physician Network

Internal Medicine

Lymar Bik, MD (f)

First Choice Physician Partners
6955 El Camino Real, Ste 101
Atascadero, CA 93422
805-539-2031

Taylor Holdgrafer, PA-C (f)

Kristen Viera, PA-C (f)

Jeffrey Bloom, MD (m) *

1318 Johnson Avenue
San Luis Obispo, CA 93401
805-541-2300
LS: French, German, Spanish

Deborah Cherry, MD (f) *

San Luis Internal Med. Associates
805 Aerovista Place, Ste 106
San Luis Obispo, CA 93401
805-594-1240

Kristy Rucker, NP (f)

Alyssa Rueschenburg, FNP (f)

Suvarna Choudhari, MD (f)

First California Physician Partners
Central Coast Family Health,
Templeton
959 Las Tablas Rd. Ste B-3
Templeton, CA 93465
805-296-7816

Lisa Brazil, FNP (f)

Julie Fallon, MD (f) *

295 Posada Lane, Ste D
Templeton, CA 93465
805-434-9900
LS: Spanish

Erika Fromhold, NP (f)

Lewis Gamarra, MD (m) *

2115 10th Street, Ste A2
Los Osos, CA 93402
805-534-9360
LS: Spanish

Jana Hanson, MD (f) *

San Luis Internal Med. Associates
805 Aerovista Place, Ste 106
San Luis Obispo, CA 93401
805-594-1240

Kristy Rucker, NP (f)

Alyssa Rueschenburg, FNP (f)

Garry Kolb, MD (m) *

695 Morro Avenue
Morro Bay, CA 93442
805-772-2707

Steven McAllen, MD (m)

295 Posada Lane, Ste C
Templeton, CA 93465
805-434-1166

Thomas Nguyen, MD (m)

First California Physician Partners
Central Coast Family Health, SLO
892 Aero Vista Place, Ste 130
San Luis Obispo, CA 93401
805-785-0356

Brittany Bell, PA-C (f)

Stephen Sigmund, MD (m)

1310 Las Tablas Road, Suite 102
Templeton, CA 93465
(805)434-0729

Michael Steele, MD (m)

First California Physician Partners
Central Coast Family Health,
San Luis Obispo
892 Aerovista Place, Ste 130
San Luis Obispo, CA 93405
805-395-3277

Gretchen Winter *

Coastal Communities
Physician Network
1305 Marsh St.
San Luis Obispo, CA 93401
805-549-0644

Taylor Holdgrafer, PA-C (f)

Kristen Viera, PA-C (f)

Pediatrics

Julie Anselmo, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Julie Anselmo, MD (f)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Michelle Auran, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Tamara Battle, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Tamara Battle, MD (f)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Meet Our Providers - Coastal Communities Physician Network

Rene Bravo, MD (m)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Kara Bryden, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)**Kara Bryden, MD (f)**

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Laura Hutchison, MD (f)

Patterson & Tedford
7700 Morro Road
Atascadero, CA 93422
805-466-6622

Grace Lim, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888
LS: French

Jessy Arthurs, PA (f)**Richard Macias, MD (m)**

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888
LS: Spanish

Jessy Arthurs, PA (f)**Richard Macias, MD (m)**

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796
LS: Spanish

Michael McNerney, MD (m)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)**Michael McNerney, MD (m)**

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

William Morgan, MD (m)

154 Traffic Way
Arroyo Grande, CA 93420
805-473-3262
LS: Spanish

Rosa Rosen, MD (f)

Patterson & Tedford
7700 Morro Road
Atascadero, CA 93422
805-466-6622
LS: Spanish

Sasha Szytel, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Jeffrey Thompson, MD

201 Station Way
Arroyo Grande, CA 93420
805-473-2828

Sharon Watson, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460

Amy Webb, MD (f)

911 Oak Park Blvd, Ste 107
Pismo Beach, CA 93449
805-474-8700

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English
Highlighted in Blue:
CCPN Exclusive Provider

Meet Our Providers - Name By City

Arroyo Grande

Morgan, William, MD (m)	Pediatrics
Reilly, Valerie, PA-C (f)	Family Practice
Tabrizi, Maryam, MD (f)	Family Practice
Thompson, Jeffrey, MD (m)	Pediatrics

Atascadero

Fisher, Bethany, NP (f)	Family Practice
Holdgrafer, Taylor, PA-C (f)	Family Practice
Hutchison, Laura, MD (f)	Pediatrics
Roberts, Karen, MD (f)	Family Practice
Rosen, Rosa, MD (f)	Pediatrics
Viera, Kristen, PA-C (f)	Family Practice
Winter, Gretchen, DO (f) *	Internal Medicine

Los Osos

Gamarra, Lewis, MD (m)*	Internal Medicine
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Morro Bay

Kolb, Garry, MD (m)*	Family Practice
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Paso Robles

Bettencourt, Joseph, MD (m)	Family Practice
Davis, John, MD (m)*	Family Practice
Graves, Anthony, NP (m)	Family Practice
Greaves, Scott, MD (m)	Family Practice
Machado, Jill, NP (f)	Family Practice
Peckham, Jessica, NP (f)	Family Practice
Tyler-Evans, Marcia, NP (f)	Family Practice

Pismo Beach

Colgan, Kimen, PA-C (f)	Family Practice
Talieh, Ardeshir, MD (m)	Internal Medicine
Webb, Amy, MD (f)	Pediatrics
Weiss, Wendy, DO (f)	Family Practice
Williams, Suzan, NP (f)	Family Practice

San Luis Obispo

Angelucci, Andrea, DO (f)	Family Practice
Anselmo, Julie, MD (f)	Pediatrics
Arthurs, Jessy, PA (f)	Pediatrics
Auran, Michelle, MD (f)	Pediatrics
Bakke, Suzanne, PA-C (f)	Family Practice
Battle, Tamara, MD (f)	Pediatrics
Bell, Brittany, PA-C (f)	Family Practice
Bloom, Jeffrey, MD (m)*	Internal Medicine
Bravo, Rene, MD (m)	Pediatrics
Brazil, Lisa, FNP (f)	Family Practice
Brown, Mary, MD (f)	Family Practice
Bryden, Kara, MD (f)	Pediatrics
Cherry, Deborah, MD (f)*	Internal Medicine
Coryell, James, MD (m)	Pediatrics
Ford, Leanne, PA-C (f)	Family Practice
Gingrich, David, PA-C (m)	Family Practice
Hanson, Jana, MD (f)*	Internal Medicine
Hestehauge, Daniel, PA (m)	Family Practice
Lepp, Jonathan, PA-C (m)	Family Practice
Lim, Grace, MD (f)	Pediatrics
Macias, Richard, MD (m)	Pediatrics
McNerney, Michael, MD (m)	Pediatrics
Nguyen, Thomas, MD (m)	Internal Medicine
Purcell, Raymond, NP (m)	Family Practice
Raymond, Gary, NP (m)	Family Practice
Rucker, Kristy, NP (f)	Family Practice
Rueschenburg, Alyssa, FNP (f)	Family Practice
Schafer, Soquel, PA-C (f)	Family Practice
Schingler, Robert, MD (m)	Internal Medicine
Silver, Randall, DO (m)	Family Practice
Steele, Michael, MD (m)	Internal Medicine
Szytel, Sasha, MD (f)	Pediatrics
Talieh, Ardeshir, MD (m)	Internal Medicine
Ward, Mark, MD (m)	Family Practice
Watson, Sharon, MD (f)	Pediatrics
Willis, Heather, PA-C (f)	Family Practice

Meet Our Providers - Name By City

Templeton

Anselmo, Julie, MD (f)	Pediatrics
Avedian, Allen, MD (m)	Internal Medicine
Battle, Tamara, MD (f)	Pediatrics
Bik, Lymar, MD (f)	Internal Medicine
Choudhari, Suvarna, MD (f)	Internal Medicine
Coryell, James, MD (m)	Pediatrics
Donahue, Ryan, NP (m)	Family Practice
Fallon, Julie, MD (f) *	Internal Medicine
Frankel, Faith, MD (f)	Family Practice
Frankel, Warren, MD (m)	Family Practice
Fromhold, Erika, NP (f)	Family Practice
Keith, Anne, FNP (f)	Family Practice
King, Jennifer, PA-C (f)	Family Practice
Lebens, Michael, MD (m)	Family Practice
Macias, Richard, MD (m)	Pediatrics

McAllen, Steven, MD (m)	Internal Medicine
McNerney, Michael, MD (m)	Pediatrics
Shapiro, Kenneth, MD (m)	Internal Medicine
Sigmund, Stephen, MD (m)	Internal Medicine
Silvas, Michael, MD (m)	Family Practice
Vasquez, Linda, PA-C (f)	Family Practice

(m) Male (f) Female
 * Existing Patients Only
 LS: Languages spoken
 in addition to English
 Highlighted in Blue:
 CCPN Exclusive Provider

Self-Referrals: Gynecology



At CCPN, we ensure our members have access to potentially lifesaving cancer screenings. These services are available from most Primary Care Providers and OBGYN's. Members can self-refer to any CCPN contracted Board-Certified OBGYN for their annual well woman exam, gynecological and obstetrical care by calling to schedule an appointment. Also, to make it easier, screening mammograms do not require prior authorization, only an order from your provider. For more information, please call **(800) 763-7732**.

CCPN Behavioral Health



For all behavioral health services, please contact CCPN Behavioral Health to schedule an appointment at **(833) 227-3015**.

For commercial members, please call:

- Aetna **(800) 886-1578**
- Anthem **(800) 399-2421**
- Blue Shield **(877) 263-8827**
- Cigna **(800) 926-2273**
- United Healthcare **(800) 999-9585**

Radiology Services – Radiology Associates of San Luis Obispo

For the convenience of our patients, CCPN is contracted with Radiology Associates of San Luis Obispo for all radiology services. The radiology offices accept radiology requests from all CCPN providers. More information at rasloimaging.com

Radiology Diagnostic Center

1310 Las Tablas Road, Ste 103
Templeton, CA 93465
805-434-0829

Coastal Diagnostic Imaging Center

921 Oak Park Blvd, Ste 100-B
Pismo Beach, CA 93449
805-481-4705

Five Cities Medical Imaging

921 Oak Park Blvd, Ste 102
Pismo Beach, CA 93449
805-779-7900

Selma Carlson Diagnostic Center

77 Casa Street, Suite 102
San Luis Obispo, CA 93405
805-546-7733

Digital Medical Imaging

522 East Plaza Drive
Santa Maria, CA 93454
805-928-3673

Laboratory Services – Westpac Labs

For the convenience of our patients, CCPN is contracted with Westpac Labs for all laboratory services. The laboratory accepts lab requests from all CCPN providers. More information at westpaclab.com

Atascadero

7301 Morro Road, Ste 106
Atascadero, CA 93422
805-462-2150

Paso Robles

112 Niklick Road
Paso Robles, CA 93446
805-238-5500

Santa Maria

2049-B S. Broadway
Santa Maria, CA 93454
805-928-9810

Los Osos

1193 Los Osos Valley Road
Los Osos, CA 93402
805-528-9505

Pismo Beach

911 Oak Park Blvd, Ste 103
Pismo Beach, CA 93449
805-489-3650

Santa Maria

1300 E. Cypress Street, Bldg D
Santa Maria, CA 93454
805-354-7181

Morro Bay

285 Marina Street
Morro Bay, CA 93442
805-772-6415

San Luis Obispo

3271 South Higuera, Ste 102
San Luis Obispo, CA 93401
805-540-5140

Urgent Care Locations

For routine care, please call your physician to schedule a visit. For urgent care, "same-day" non-life threatening medical conditions, please utilize one of the eight (8) Urgent Care facilities listed below:

Med Stop Urgent Care - San Luis Obispo

283 Madonna Road, Ste B

San Luis Obispo, CA 93405

805-549-8880

Monday - Friday, 8 a.m. - 7 p.m.

Saturday - Sunday 8 a.m. - 4 p.m.

Family & Industrial Medical Center

47 Santa Rosa Street

San Luis Obispo, CA 93405

805-542-9596

Monday - Friday, 8 a.m. - 7 p.m.

Saturday - Sunday, 9 a.m. - 4 p.m.

MedPost Urgent Care - Paso Robles

500 1st Street

Paso Robles, CA 93446

805-226-4222

Monday - Sunday, 8 a.m. - 8 p.m.

Urgent Care of Morro Bay

783 Quintana Road

Morro Bay, CA 93442

805-771-0108

Monday - Saturday, 7 a.m. - 6:30 p.m.

Sunday, 8 a.m. - 3:30 p.m.

Urgent Care of Atascadero

9700 El Camino Real, Ste 100

Atascadero, CA 93422

805-466-1330

Monday - Saturday, 7 a.m. - 6:30 p.m.

Sunday, 8 a.m. - 3:30 p.m.

Med Works Medical Center

350 Posada Lane, Ste 102

Templeton, CA 93465

805-434-3699

Monday - Friday, 8:30 a.m. - 6 p.m.

Urgent Care of Pismo Beach

2 James Way, Ste 213

Pismo Beach, CA 93449

805-295-6594

Monday - Saturday, 7 a.m. - 6:30 p.m.

Sunday, 8 a.m. - 3:30 p.m.

Med Post Urgent Care - Atascadero

7330 El Camino Real

Atascadero, CA 93422

805-703-2501

Monday - Sunday, 8 a.m. - 8 p.m.

Emergencies

Members are encouraged to appropriately use the "911" emergency response system when they have an emergency medical condition which requires an emergency response. Emergency health care services do not require prior authorization. "Emergency health care services shall be available and accessible within the service area 24 hours a day, 7 days a week." Emergency health care services include ambulance services within the service area to transport the member to the nearest 24-hour emergency facility with physician coverage.



Virtual Urgent Care

Urgent Care services are available from the comfort of your own home or while traveling the USA. Available exclusively for CCPN HMO members only. **No charges or co-payments.**

To schedule your Virtual Urgent Care appointment, call **1-833-710-2236**.

Available **365 days a year**, 8 a.m. - 8 p.m.



24-Hour Nurse Hotline

A call to the 24 hr. Nurse Hotline may provide you with the answers you need to direct you to the urgent care for services, potentially alleviating the long waiting experience when visiting the hospital Emergency Room.

To speak with a Nurse, call **1-855-333-2276**.

On call **24 hours** a day, **7 days** a week.



Health Education

Our Health Education Department offers a Pre-bariatric 6-Month Weight Management Program for people pursuing bariatric weight loss surgery. We also offer one-on-one appointments with Registered Dietitians for chronic disease management and weight management.

Diabetic Supplies *

Order supplies from CCPN Health Education and have supplies shipped free of charge to your home. Contact our CCPN Health Education Department for more information. | *Use of this service is based on member's health plan enrollment.

For more information, call **805-540-6207**

CCPN Contacts

Main

800-763-7732

Main (Toll-Free)

1-800-763-7732

Customer Service

1-800-763-7732

Need help with authorizations and referrals? **CALL CUSTOMER SERVICE**

Centralized Scheduling

CCPN SLO - 805-540-5035

CCPN South - 805-566-6011

CCPN North - 805-239-0644

To schedule with a contracted provider, please contact their office directly.

24-Hour Nurse Hotline

1-855-333-2276

Virtual Urgent Care

1-833-710-2236

Marketing Department

805-540-6204

Health Education

805-540-6207



Visit our website for up-to-date information – ccpnhpn.com

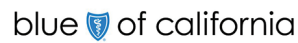


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Affiliated Health Plans

Individual and Employer Group Coverage

Managed care coverage through an HMO sold through employers or directly to individuals.



Medicare Advantage Plans

Medicare managed care coverage offered by private health plans.

