



CCPN Provider Directory

At CCPN we encourage everyone
to live life well.



Coastal Communities Physician Network Locations

CCPN offices conveniently located throughout San Luis Obispo County.



San Luis Obispo - Casa

35 Casa Street, Ste 170
San Luis Obispo, CA 93401
805-540-5035
M-F 8 a.m. - 5 p.m.



San Luis Obispo - Peach

1035 Peach Street, Ste 301
San Luis Obispo, CA 93401
805-369-8860
M-F 8 a.m. - 5 p.m.



Arroyo Grande

336 S. Halcyon Road, Ste 110
Arroyo Grande, CA 93420
805-556-6011
M, W 8 a.m. - 5 p.m.



Templeton - 265 Posada

265 Posada Lane,
Templeton, CA 93465
805-239-0644
M-F 8 a.m. - 5 p.m.

***Walk-in lab draw station
available at this location for
CCPN members only.
See Page 8 for more information.***



Templeton - 325 Posada

325 Posada Lane,
Templeton, CA 93465
805-239-0644
M-F 8 a.m. - 5 p.m.

Highlighted in Blue:
CCPN Exclusive Provider
Updated December 2024

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English

CCPN Staff Model Providers



Allen Avedian, MD (m)
Internal Medicine
Templeton - 325 Posada



Adam Blank, DO (m)
Family Practice
San Luis Obispo - Casa



Michael Lebens, MD (m) *
Family Practice
Templeton - 325 Posada
LS: Spanish



Divya Manohara, MD (f) *
Internal Medicine
San Luis Obispo - Peach



John Romano, MD (m)
General Practice
Templeton - 325 Posada



Ardeshir Talieh, MD (m) *
Internal Medicine / Priority Care
San Luis Obispo - Casa
Arroyo Grande - South County
LS: Farsi



Bethany Fisher, NP (f)
Templeton - 265 Posada



Erika Fromhold, FNP-C (f)
San Luis Obispo - Casa
Arroyo Grande



Taryn Pearl, PA-C (f)
Templeton - 325 Posada



Chantal King, PA-C (f)
San Luis Obispo - Casa



Jillianne Ruppert, PA-C (f)
San Luis Obispo - Casa



Linda Vasquez, PA-C (f)
Templeton - 325 Posada

Meet Our Providers - Coastal Communities Physician Network

Family Practice

Adventist Health

1154 E Grand Avenue
Arroyo Grande, CA 93420
805-395-3277

Heather Elledge, PA-C (f)
Lindsay Hanna, FNP-C (f)
Valerie Reilly, PA-C (f)

Adventist Health

2727 Buena Vista Drive, Suite 201,
Paso Robles, CA 93446
(805) 395-3277

Jessica Peckham, NP (f)
Marcia Tyler-Evans, NP (f)
Kelleigh Sorenson, NP (f)

Andrea Angelucci, DO (f) *

Primary Care Partners - SLO
84 Santa Rosa Street, Ste A
San Luis Obispo, CA 93405
805-591-4727

Suzanne Bakke, PA-C (f)
Heather Willis, PA-C (f)

Joseph Bettencourt, MD (m)

2120 Golden Hill Road, Ste 202
Paso Robles, CA 93446
805-434-2240

John Davis, MD (m) *

Las Tablas Medical Group
2120 Golden Hill Road, Ste 102
Paso Robles, CA 93446
805-434-2900

Faith Frankel, MD (f)

1050 Las Tablas Road, Ste 17
Templeton, CA 93465
805-434-5201

Katherine Estopinal, MD (f)

Primary Care Partners - SLO
84 Santa Rosa Street, Ste A
San Luis Obispo, CA 93405
805-591-4727

Suzanne Bakke, PA-C (f)
Heather Willis, PA-C (f)

Warren Frankel, MD (m)

1050 Las Tablas Road, Ste 15
Templeton, CA 93465
805-434-3390

Scott Greaves, MD (m) *

Las Tablas Medical Group
2120 Golden Hill Road, Suite 102
Paso Robles, CA 93446
805-434-2900

Rina Kadakia, MD (f)

Family & Industrial Medical Center
47 Santa Rosa Street
San Luis Obispo, CA 93405
805-542-9596

Leanne Kent, PA-C (f)
David Gingrich, PA-C (m)
Daniel Hestehauge, PA-C (m)
Jonathan Lepp, PA-C (m)
Gary Raymond, NP (m)

Mark Ward, MD (m)

Family & Industrial Medical Center
47 Santa Rosa Street
San Luis Obispo, CA 93405
805-542-9596

Leanna Kent, PA-C (f)
David Gingrich, PA-C (m)
Daniel Hestehauge, PA-C (m)
Jonathan Lepp, PA-C (m)
Gary Raymond, NP (m)

Wendy Weiss, DO (f)

Pismo Family Practice
575 Price Street, Ste 101
Pismo Beach, CA 93449
805-773-0707

Cort Darcy Thompson, PA-C (m)
Suzan Williams, NP (f)

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English
Highlighted in Blue:
CCPN Exclusive Provider
Updated December 2024

Meet Our Providers - Coastal Communities Physician Network

Internal Medicine

Lymar Bik, MD (f)

Adventist Health
6955 El Camino Real, Ste 200
Atascadero, CA 93422
805-539-2031

Taylor Holdgrafer, PA-C (f)

Kristen Viera, PA-C (f)

Suvarna Choudhari, MD (f)

Adventist Health
959 Las Tablas Rd. Ste B-3
Templeton, CA 93465
805-296-7816
Lisa Brazil, FNP (f)

Julie Fallon, MD (f) *

295 Posada Lane, Ste D
Templeton, CA 93465
805-434-9900
LS: Spanish

Lewis Gamarra, MD (m) *

2115 10th Street, Ste A2
Los Osos, CA 93402
805-534-9360
LS: Spanish

Steven McAllen, MD (m)

295 Posada Lane, Ste C
Templeton, CA 93465
805-434-1166

Thomas Nguyen, MD (m)

Adventist Health
892 Aerovista Place, Ste 130
San Luis Obispo, CA 93401
805-395-3277

Jemely Ramos Villegas, NP-C (f)

Stephen Sigmund, MD (m)

1310 Las Tablas Road, Suite 102
Templeton, CA 93465
805-434-0729

Jennifer King, PA-C (f)

Pediatrics

Julie Anselmo, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Julie Anselmo, MD (f)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Andrea Naretto, NP (f)

Michelle Auran, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Tamara Battle, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Tamara Battle, MD (f)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Andrea Naretto, NP (f)

Rene Bravo, MD (m)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Kara Bryden, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Meet Our Providers - Coastal Communities Physician Network

Pediatrics continued

Kara Bryden, MD (f)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Andrea Naretto, NP (f)

Jillian Davenport, MD (f)

Patterson & Tedford Pediatrics
7700 Morro Road
Atascadero, CA 93422
805-466-6622

Rachel Haynes, DNP (f)

Laura Hutchison, MD (f)

Patterson & Tedford
7700 Morro Road
Atascadero, CA 93422
805-466-6622

Richard Macias, MD (m)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888
LS: Spanish

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Richard Macias, MD (m)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

LS: Spanish

Andrea Naretto, NP (f)

Michael McNerney, MD (m)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Michael McNerney, MD (m)

Central Coast Pediatrics
1320 Las Tablas Road, Ste D
Templeton, CA 93465
805-434-3796

Andrea Naretto, NP (f)

William Morgan, MD (m)

154 Traffic Way
Arroyo Grande, CA 93420
805-473-3262
LS: Spanish

Rosa Rosen, MD (f)

Patterson & Tedford
7700 Morro Road
Atascadero, CA 93422
805-466-6622
LS: Spanish

Sasha Szytel, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460
LS: Spanish

Susan Trout, MD (f)

Central Coast Pediatrics
1235 Osos Street, Ste 100
San Luis Obispo, CA 93401
805-549-0888

Jessy Arthurs, PA (f)

Andrea Naretto, NP (f)

Sharon Watson, MD (f)

Bravo Pediatrics
3241 S Higuera Street
San Luis Obispo, CA 93401
805-544-4460

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English
Highlighted in Blue:
CCPN Exclusive Provider

Meet Our Providers - Name By City

Arroyo Grande

Elledge, Heather, PA-C (f)	Family Practice
Fromhold, Erika, FNP-C (f)	Family Practice
Hanna, Lindsay, FNP-C (f)	Family Practice
Morgan, William, MD (m)	Pediatrics
Reilly, Valerie, PA-C (f)	Family Practice
Talieh, Ardeshir, MD (m) *	Internal Medicine

Atascadero

Bik, Lymar, MD (f)	Internal Medicine
Davenport, Jillian, MD (f)	Pediatrics
Hayes, Rachel, DNP (f)	Pediatrics
Holdgrafer, Taylor, PA-C (f)	Family Practice
Hutchison, Laura, MD (f)	Pediatrics
Rosen, Rosa, MD (f)	Pediatrics
Viera, Kristen, PA-C (f)	Family Practice

Los Osos

Gamarra, Lewis, MD (m) *	Internal Medicine
--------------------------	-------------------

Paso Robles

Bettencourt, Joseph, MD (m) *	Family Practice
Davis, John, MD (m) *	Family Practice
Greaves, Scott, MD (m) *	Family Practice
Peckham, Jessica, NP (f)	Family Practice
Sorenson, Kelleigh, NP (f)	Family Practice
Tyler-Evans, Marcia, NP (f)	Family Practice

Pismo Beach

Thompson, Cort Darcy, PA-C (m)	Family Practice
Weiss, Wendy, DO (f)	Family Practice
Williams, Suzan, NP (f)	Family Practice

San Luis Obispo

Angelucci, Andrea, DO (f) *	Family Practice
Anselmo, Julie, MD (f)	Pediatrics
Arthurs, Jessy, PA (f)	Pediatrics
Auran, Michelle, MD (f)	Pediatrics
Bakke, Suzanne, PA-C (f)	Family Practice
Battle, Tamara, MD (f)	Pediatrics
Blank, Adam, DO (m)	Family Practice
Bravo, Rene, MD (m)	Pediatrics
Bryden, Kara, MD (f)	Pediatrics
Estopinal, Katherine, MD (f)	Family Practice
Gingrich, David, PA-C (m)	Family Practice
Hestehauge, Daniel, PA (m)	Family Practice
Kadakia, Rina, MD (f)	Family Practice
Kent, Leanne, PA-C (f)	Family Practice
Lepp, Jonathan, PA-C (m)	Family Practice
Macias, Richard, MD (m)	Pediatrics
Manohara, Divya, MD (f) *	Internal Medicine
McNerney, Michael, MD (m)	Pediatrics
Naretto, Andrea, NP (f)	Pediatrics
Nguyen, Thomas, MD (m)	Internal Medicine
Raymond, Gary, NP (m)	Family Practice
Szytel, Sasha, MD (f)	Pediatrics
Talieh, Ardeshir, MD (m) *	Internal Medicine
Trout, Susan, MD (f)	Pediatrics
Villegas, Jemely Ramos, NP-C (f)	Family Practice
Ward, Mark, MD (m)	Family Practice
Watson, Sharon, MD (f)	Pediatrics
Willis, Heather, PA-C (f)	Family Practice

Meet Our Providers - Name By City

Templeton

Anselmo, Julie, MD (f)	Pediatrics
Avedian, Allen, MD (m) *	Internal Medicine
Battle, Tamara, MD (f)	Pediatrics
Brazil, Lisa, FNP (f)	Family Practice
Choudhari, Suvarna, MD (f)	Internal Medicine
Fallon, Julie, MD (f) *	Internal Medicine
Fisher, Bethany, NP (f)	Family Practice
Frankel, Faith, MD (f)	Family Practice
Frankel, Warren, MD (m)	Family Practice
King, Jennifer, PA-C (f)	Family Practice
Lebens, Michael, MD (m) *	Family Practice
Macias, Richard, MD (m)	Pediatrics

McAllen, Steven, MD (m)
McNerney, Michael, MD (m)
Pearl, Taryn, PA-C (f)
Romano, John, MD (m)
Sigmund, Stephen, MD (m)
Vasquez, Linda, PA-C (f)

Internal Medicine
Pediatrics
Family Practice
General Practice
Internal Medicine
Family Practice

(m) Male (f) Female
* Existing Patients Only
LS: Languages spoken
in addition to English
Highlighted in Blue:
CCPN Exclusive Provider

Self-Referrals: OBGYN



At CCPN, we ensure our members have access to potentially lifesaving cancer screenings. These services are available from most Primary Care Providers and OBGYN's. Members can self-refer to any CCPN contracted Board-Certified OBGYN for their annual well woman exam, gynecological and obstetrical care by calling to schedule an appointment. Also, to make it easier, screening mammograms do not require prior authorization, only an order from your provider. For more information, please call **800-763-7732**.

CCPN Behavioral Health



For all behavioral health services, please contact CCPN Behavioral Health to schedule an appointment at **833-227-3015**.

For commercial members, please call:

Aetna **800-886-1578**
Anthem **800-399-2421**
Blue Shield **877-263-8827**
Cigna **800-926-2273**
United Healthcare **800-999-9585**

Radiology Services – Radiology Associates of San Luis Obispo

For the convenience of our patients, CCPN is contracted with Radiology Associates of San Luis Obispo for all radiology services. The radiology offices accept radiology requests from all CCPN providers. More information at rasloimaging.com

Radiology Diagnostic Center

1310 Las Tablas Road, Ste 103
Templeton, CA 93465
805-434-0829

Digital Medical Imaging

522 East Plaza Drive
Santa Maria, CA 93454
805-928-3673

Five Cities Medical Imaging

921 Oak Park Blvd, Ste 102
Pismo Beach, CA 93449
805-779-7900

Coastal Diagnostic Imaging Center

921 Oak Park Blvd, Ste 100-B
Pismo Beach, CA 93449
805-481-4705

Laboratory Services – LabCorp (Formerly WestPac Labs)

For the convenience of our patients, CCPN is contracted with LabCorp for all laboratory services. The laboratory accepts lab requests from all CCPN providers. More information at www.labcorp.com

Arroyo Grande

1542 W Branch Street
Arroyo Grande, CA 93420
805-489-2732

Paso Robles

112 Niblick Road
Paso Robles, CA 93446
805-226-4120

Santa Maria - Cypress

1300 East Cypress Street, Suite D
Santa Maria, CA 93454
805-928-7326

Atascadero

7301 Morro Road #106
Atascadero, CA 93422
805-792-8019

Pismo Beach

911 Oak Park Blvd, Ste 103
Pismo Beach, CA 93449
805-489-3450

1145 E Clark Ave, Ste B

Santa Maria, CA 93422
805-934-4498

Los Osos

1193 Los Osos Valley Road
Los Osos, CA 93402
805-528-9515

San Luis Obispo

3701 South Higuera Street,
Suite 102
San Luis Obispo, CA 93401
805-540-5140

Templeton

350 Posada Lane, Suite 104
Templeton, CA 93465
805-434-9337

Morro Bay

285 Marina Street
Morro Bay, CA 93442
805-772-6417

1050 Las Tablas Road, Suite 13
Templeton, CA 93465
805-434-6651

CCPN Walk-In Lab Draw Clinic

CCPN offers a walk-in lab draw station **for CCPN members only.**

265 Posada Lane, Ste. C
Templeton, CA 93465
805-239-0644

Urgent Care Locations

For routine care, please call your physician to schedule a visit. For urgent care, “same-day” non-life threatening medical conditions, please utilize one of the facilities listed below:

Carbon Health

500 1st Street
Paso Robles, CA 93446
805-226-4222
Every day, 8 a.m. - 8 p.m.

Carbon Health

7330 El Camino Real
Atascadero, CA 93422
805-703-2501
Mon, Tue, Thu, Fri, Sat, 8 a.m. - 8 p.m.

Urgent Care of Atascadero

9700 El Camino Real, Ste 100
Atascadero, CA 93422
805-466-1330
Monday - Saturday, 7 a.m. - 6:30 p.m.
Sunday, 8 a.m. - 3:30 p.m.

Urgent Care of Morro Bay

783 Quintana Road
Morro Bay, CA 93442
805-771-0108
Monday - Saturday, 7 a.m. - 6:30 p.m.
Sunday, 8 a.m. - 3:30 p.m.

Med Stop Urgent Care - San Luis Obispo

283 Madonna Road, Ste B
San Luis Obispo, CA 93405
805-549-8880
Monday - Friday, 8 a.m. - 7 p.m.
Saturday - Sunday 8 a.m. - 4 p.m.

Family & Industrial Medical Center

47 Santa Rosa Street
San Luis Obispo, CA 93405
805-542-9596
Monday - Friday, 8 a.m. - 7 p.m.
Saturday - Sunday, 9 a.m. - 4 p.m.

Urgent Care of Pismo Beach

2 James Way, Ste 213
Pismo Beach, CA 93449
805-295-6594
Monday - Saturday, 7 a.m. - 6:30 p.m.
Sunday, 8 a.m. - 3:30 p.m.

For more information about our contracted
Urgent Care services, please visit our website at
ccpnhpn.com

Emergencies

Members are encouraged to appropriately use the “911” emergency response system when they have an emergency medical condition which requires an emergency response. Emergency health care services do not require prior authorization. “Emergency health care services shall be available and accessible within the service area 24 hours a day, 7 days a week.” Emergency health care services include ambulance services within the service area to transport the member to the nearest 24-hour emergency facility with physician coverage.



Virtual Urgent Care

Urgent Care services are available from the comfort of your own home. Available exclusively for CCPN HMO members only. **No charges or co-payments.** To schedule your Virtual Urgent Care appointment, call **833-710-2236**. Available **365 days a year**, 8 a.m. - 8 p.m.



24-Hour Nurse Hotline

A call to the 24 hr. Nurse Hotline may provide you with the answers you need to direct you to the urgent care for services, potentially alleviating the long waiting experience when visiting the hospital Emergency Room. To speak with a Nurse, call **1-855-333-2276**. On call **24 hours** a day, **7 days** a week.



Nurse Concierge Services

Are you having difficulty accessing care and scheduling appointments? For immediate assistance, you may call the Concierge Nurse Coordinator directly at **805-369-8806** or email at conciergenurseecasemanagement@bfmc.com.



Health Education

Our Health Education Department offers a Pre-bariatric 6-Month Weight Management Program for people pursuing bariatric weight loss surgery. We also offer one-on-one appointments with Registered Dietitians for chronic disease management and weight management.

Diabetic Supplies

Order supplies from CCPN Health Education and have supplies shipped free of charge to your home. Contact our CCPN Health Education Department for more information. | *Use of this service is based on member's health plan enrollment.*

For more information, call **805-540-6207**

CCPN Contacts

Main

800-763-7732

Main (Toll-Free)

800-763-7732

Customer Service

800-763-7732

Need help with authorizations
and referrals? **CALL CUSTOMER SERVICE**

Centralized Scheduling

CCPN SLO - 805-540-5035

CCPN South - 805-566-6011

CCPN North - 805-239-0644

To schedule with a contracted provider,
please contact their office directly.

24-Hour Nurse Hotline

855-333-2276

Virtual Urgent Care

833-710-2236

Nurse Concierge

805-369-8806

Marketing Department

805-540-6204

Health Education

805-540-6207

TDD/TTY

800-735-2929 (English)

800-855-3000 (Spanish)

ER/Urgent Admission Post Stabilization

833-554-2958



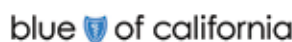
Visit our website for up-to-date
information – ccpnhpn.com

Like and Follow #CCPNSLO

Affiliated Health Plans

Individual and Employer Group Coverage

Managed care coverage through an HMO sold
through employers or directly to individuals.



Medicare Advantage Plans

Medicare managed care coverage offered by
private health plans.

